	OR	Generali	ntorn	nation	
Hike Name	Trail	Elev	Max	Difficulty	Hike
Camp location: 45.38659, -122.06098	Miles	Gain	Elev	Rating	Clas
		(Feet)	(Feet)	(Points)	
White Mountain NH Hikes (for comparison)		(i eet)	(i eet)	(FOIITIS)	
Mount Madison via Valley Way and Osgood trails	8.6	4050	5367	14.7	Α
Mount Washington via Tuckerman	8.4	4250	6288	14.8	Α
Lafayette/Lincoln/Haystack Loop	8.9	3950	5260	14.8	Α
Chocorua via Piper trail	8.4	2700	3500	12.5	A
Mizpah Hut via Crawford Path and Mizpah cutoff	5.2	1950	3800	8.1	В
Welch-Dickey Loop	4.4	1800	2734	7.1	C
Monadnock via the White Dot Trail	4.0	1800	3165	6.7	C
Zealand Falls Hut from Parking Lot	5.6	650	2630	6.6	0
Mount Willard	3.2	900	2800	4.6) C
THOUSE TY III GIG	0.2	300	2000	7.0	
NOTE: "WOW RATING" of hikes: 5 is highest; 1 lowest (but still great,	by virtue of	heing included!)			
Not all guidebooks used this rating system - that is why some hikes are			rate non	ular hikes	
minimum of about 5 miles with 500-700 feet of elevation gain. Shorter easier hikes will be combined with others or with other activities to make for a full day's outing.					
Cuidahaaka					
Guidebooks G-1 "Day Hiking Mount Hood: A Year-Round Guide" Fli Roschetto 1st Edition	n 2020				
G-1 "Day Hiking Mount Hood: A Year-Round Guide," Eli Boschetto,1st Edition	n, 2020				
G-1 "Day Hiking Mount Hood: A Year-Round Guide," Eli Boschetto,1st Edition G-2 "100 Hikes, Northwest Oregon," William Sullivan, May 2022 (not to be confused with the 5th edition of "100 Hikes/Travel Guide - Northwest Oregon	n, 2020				
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		C-Hikes; rating below 7.6										
Hike#		(5 is highest "Wow" rating; not all guidebooks	used this rating : Guidebook	system.) Map	Location	Drive Miles	Drive Time	Hike Miles	Gain	max Elev.	Diffic	
1 1	Raung 3	Little Crater Lake	Guidebook G1-48	M1	Mt Hood South	36	0:50	0.3	0	3240		Beautiful, clear blue, spring-fed lake
2	2	Zigzag Falls	G1-27	M1	Mt. Hood West	15	0:21	0.6	250	3220	1.0	
3		Bridal Veil Falls	G3-2	M2	Columbia River Gorge	32	0:54	1.1	150	230	1.3	
4	2	Enid Lake	G1-30	M1	Mt. Hood South	17	0:22	1.2	210	3700	1.5	
5 6		Elowah Falls Coopey Falls	G3-13 G3-3	M2 M2	Columbia River Gorge Columbia River Gorge	48 31	1:00 0:51	1.6 1.6	140 350	300 550	1.8 2.1	
7	2	Catalpa Lake	G1-46	M1	Mt. Hood South	37	0:50	1.7	290	4140	2.1	
8	3	Trillium Lake	G1-36	M1	Mt. Hood South	22	0:31	1.9	110	3620	2.1	
9		Wahclella Falls	G2-50	M2	Columbia River Gorge	43	1:03	2.0	380	225	2.6	
10	2	Grave Trail	G1-38	M1	Mt. Hood South	23	0:29	1.9	480	4160		
11 12W	2	Multorpor Fen McNeil Point Loop to Bald Mountain	G1-29 G2-73	M1 M1	Mt. Hood South Mt. Hood west	17 19	0:22	2.3	350 400	3840 4400		
13	2	Devils Half Acre	G1-40	M1	Mt. Hood South	23	0:29	2.2	480	4160		
14	2	Crosstown Loop	G1-31	M1	Mt. Hood South	18	0:22	2.4	390	4070		
15	1	Jackpot Meadows	G1-47	M1	Mt. Hood South	36	0:50	2.6	240	3970	3.0	Quiet woods; summer flowers and berries en route to mtn meadow
16		Upper McCord Creek Falls	G3-14	M2	Columbia River Gorge	49	1:00	2.2	540	600	3.0	
17DP	3	Beacon Rock	G3-42 G2-44	M2	Columbia River Gorge	61	1:11	2.2	600	940	3.1	
18W 19		West Zigzag Mountain to Castle Canyon Latourell Falls	G2-70 G2-46 G3-1	M1 M2	Mt. Hood West Columbia River Gorge	12 28	0:16 0:52	2.0	800 600	2400 650	3.2	
20		Oneonta Falls	G2-46 G3-1	M2	Columbia River Gorge		0:56	2.7	400	320	3.3	
21		Multnomah Falls	G3-6 G2-48	M2	Columbia River Gorge	34	0:58	2.2	700	895	3.3	
22W	3	Castle Canyon	G1-18	M1	Mt. Hood west	9	0:14	1.8	970	2490	3.3	Steep, wooded hike to hidden volcanic pinnacles; some scrambling near top
23	5	Lookout Mountain Loop fr. High Prairie	G1-59 G2-89	M1	Mt. Hood East	42	1:00	2.5	570	6450	3.4	
24DU	5	Lost Lake Lakeshore Tr	G1-3 G2-75	M1	Mt. Hood West	37	1:15	3.0	280	3210		
25W 26	3	Bald Mt from Top Spur TH Timberline Gardens	G1-10 G1-35	M1 M1	Mt. Hood west Mt. Hood South	15 24	0:25 0:33	3.0	890 350	4440 6090	3.5	
27	<u> </u>	Timberline Gardens Timberline Lodge to Silcox Hut	G2-79	M1	Mt. Hood West	24	0:35	2.2	1100	6950		
28	2	Sandy River	G1-14	M1	Mt. Hood West	12	0:18	3.6	360	2440		
29	3	Veda Lake	G1-37	M1	Mt. Hood South	27	0:57	2.8	950	4720	4.2	
30		Wahclella and Elowah Falls	G2-50	M2	Columbia River Gorge	43	1:03	3.3	600	300	4.2	
31		Salmon River Trail to Rolling Riffle	G2-67	M1	Mt. Hood West	12	0:20	4.0	200	1800	4.3	
32DU 33		Cape Horn to Pioneer Point Horsetail and Ponytail Falls	G2-42 G3-10	M2 M2	Columbia River Gorge Columbia River Gorge	58 47	1:13 0:58	3.0 2.7	870 1200	1300 430	4.3 4.5	
34	2	Still Creek	G1-24	M1	Mt. Hood West	12	0:15	3.1	910	2380	4.5	
35	4	Buried Forest Overlook	G1-34	M1	Mt. Hood South	24	0:33	3.1	920	6050		
36	3	Tamanawas Falls	G1-60 G2-84	M1	Mt. Hood East	36	0:41	3.3	820	3470		
37	3	Mountaineer Loop	G1-33	M1	Mt. Hood South	24	0:33	2.8	1170	6950		
38		Little Zigzag Falls & Enid Lake	G2-77	M1	Mt. Hood West	14	0:17	3.8	500	3700	4.6	
39 40		Timothy Lake to Viewpoint Coyote Wall Loop to fence	G2-80 G2-62	M1 M2	Mt. Hood West Columbia River Gorge	36 66	0:49 1:21	4.4 3.7	100 680	3230 800	4.6 4.7	
41		Eagle Creek to Punchbowl Falls	G2-51 G3-20	M2	Columbia River Gorge	56	1:17	4.2	400	400	4.8	
42	2	Barlow Butte	G1-39	M1	Mt. Hood South	23	0:29	2.9	1340	5050		
43DU	4	Lost Lake Butte	G1-4 G2-75	M1	Mt. Hood West	37	1:14	3.2	1200	4460		Lost Lake is one of most photographed areas of Mt Hood
44	3	Clackamus Lake & Oak Grove Fork	G1-52	M1	Mt. Hood South	38	0:49	4.4	480	3420		
45	-	Timberline Lodge to Zigzag Canyon	G2-79	M1	Mt. Hood West	24	0:34	4.4	500 1500	5550 1600		PCT, wildflower meadows and views of Mt Jefferson
46 47W	<u>5</u> 3	Dog Mountain to Lower Viewpoint Hidden Lake	G2-60 G1-26 G2-78	M2 M1	Columbia River Gorge Mt. Hood West	66 15	1:18 0:20	3.0	990	3870	5.3 5.3	
48	4	Umbrella Falls	G1-54	M1	Mt. Hood Fast	29	0:35	3.9	940	5270	5.3	
49	5	Eagle Creek to Wauna Viewpoint	G3-22	M2	Columbia River Gorge	57	1:07	3.6	1100	950	5.3	
50		Old Salmon River Trail (see G1-21)	G2-66	M1	Mt. Hood West	10	0:14	5.2	100	1600	5.4	
51		Timberline Lodge to Umbrella Falls	G2-82	M1	Mt. Hood East	24	0:33	4.2	840	4550	5.5	
52 53	3 4	Old Salmon River	G1-21	M1 M1	Mt. Hood West	10	0:14	4.9	470 970	1600 4140	5.6	
53 54W	4	Mirror Lake Owl Point	G1-28 G1-9	M1	Mt. Hood South Mt. Hood North	17 37	0:21 1:20	4.1	970	4140		
55	2	Frog Lake Butte	G1-43	M1	Mt. Hood South	26	0:31	3.8	1430	5300	5.9	
56		Triple Falls	G3-11	M2	Columbia River Gorge	48	1:00	4.2	1200	780	6.0	
57	2	Flag Mountain	G1-20	M1	Mt. Hood West	10	0:15	3.7	1570	2540	6.1	lush forest, rollercoasters along a forested ridgeline, rhododendrons
58	3	Wapinitia Pass to Barlow Pass	G1-71	M1	PCT	23	0:32	4.8	880	4560	6.1	
59		Twin Lakes to Lower Twin	G2-81	M1	Mt. Hood East	23	0:29	5.1	700	4400	6.2	
60 61	4	Herman Creek to Three Spires Timothy Lake to Little Crater Camp	G2-53 G1-69	M2 M1	Columbia River Gorge PCT	54 38	1:04 0:53	4.8 5.8	1020 330	1040 3410		
62		Southshore Trail	G1-69 G1-51	M1	Mt. Hood South	41	0:53	6.0	250	3250	6.4	
63		Hunchback Mountain to Rimrock Viewpoint	G2-69	M1	Mt. Hood West	7	0:09	4.2	1700	3150	6.8	well graded switchbacks, ferns, wildflowers
64		Angels Rest	G2-47 G3-4	M2	Columbia River Gorge	31	0:51	4.6	1500	1600		panoramic viewppoint, wildflowers, views of Columbia river
65		Palmateer Point (Alternate return route)	G1-41	M1	Mt. Hood South	23	0:29	5.4	1160			a 4400 ft escarpment, with views of Mt Hood, Barlow Butte, and Frog Lake
66W	3	Elk Meadows	G1-55 G2-83	M1	Mt. Hood East	29	0:35		1200	5270		relics of CCC shelters, wildflowers, early summer challenging stream cross
66.5		Washington Park Parking Fee	G2-3	M-1	Portland	50	1:00	6.3	800	1000	7.5	World class zoo, arboretum, historic mansion, Japanese Garden
		Yellow highlights indicate very popular hikes.					>1 hr.dr	ive				
		Hike Number Codes										
		DP = Discover Pass (good in WA only)										
		W = self issued wilderness permit										
		•										
		DU = Day use fee										

		B Hikes, Rating 7.6 to 11.5										
	Wow	5 is highest rating/not all books used this system				Drive	Drive	Trail		Max	Difficult	ý
Hike #	Rating	Hike	Guidebook	Мар	Location	Miles	Time	Miles	Gain	Elev.	Rating	Description
67		Multnomah Falls from Wahkeena Falls loop	G2-48	M2	Columbia River Gorge	34	0:58	5.4	1600	1560	7.8	loop hike, steep, several waterfalls and viewpoints, 1 mi. paved section, popular
68	4	Bonney Butte	G1-45	M1	Mt Hood South	33	0:42	5.2	1840	5580	8.0	forested Tr 1.6 mi, forest Rds last 1.0 mi (some rough sections), possible ATVs, 360 views at former lookout, raptor interpretive signs
69		Timberline Lodge to Timberline Trail Loop	G2-82	M1	Mt. Hood East	24	0:33	6.5	1000	5930	8.0	loop hike, meadows, ski lifts, timberline views
70DU	3	Buck Peak to Staircase rockslide	G2-76	M1	Mt. Hood West	38	1:16	6.6	1000	4250	8.1	PCT, forest, ridgeline, minor overgrown section, Mt. views
71	3	Laurance Lake High Loop	G1-6	M1	Mt Hood North	51	1:03		1550			wooded ridgeline hike, switchbacks, Mt. and lake views, 1 overgrown section
72	3	Larch Mountain Crater	G2-45	M2	Columbia River Gorge NSA	27	0:57	6.4	1300	4055	8.4	loop hike, old growth forest, meadow, creek, volcano crater, panoramic viewpoint, short paved section
73	3	Polallie Ridge	G1-62	M1	Mt Hood East	41	0:52	5.5	2000	5730	8.5	lollipop loop, unmaintained conditions, strenuous, bushwacking, burn sections, Mt views, ridgline, ski Tr
74W		Salmon River Trail	G2-67	M1	Mt. Hood West	12	0:20	7.2	900	2450	8.6	popular, primeval forest, riverside Tr section, views of rugged river canyon
74.5		Coyote Wall	G3-49	M2	Columbia River Gorge	66	1:21		1520			wildflowers each spring, views across Columbia River
75	3	Meditation Point (EXTENDED to Timothy Lake North Arm)	G1-50	M1	Mt Hood South	41	0:55	8.2	300	3320	8.7	multiuse Tr, good lake access/views, turnaround at PCT junction
76W		Burnt Lake	G1-16 G2-71	M1	Mt Hood West	15	0:24					mostly forested hike, pretty Mt pool, creek crossings, popular, some Mt Hood views
77		Flag Mt Loop (EXTENDED with Pioneer Bridle Tr)	G1-20	M1	Mt Hood West	10	0:15		1570			multiuse Tr, forested ridgeline hike, 1 viewpoint, some road walking, highway noise
78		Cape Horn Trail	G2-42 G3-41	M2	Columbia River Gorge NSA	58	1:14					switchbacks, several cliff edge viewpoints, waterfall, paved section
79	3	Twin Lakes	G1-42 G2-81	M1	Mt Hood South	23	0:29					PCT lollipop route, popular, mostly forested hike, 2 lakes
80	3	Larch Mountain Loop	G3-8	M2	Columbia River Gorge NSA	27	0:57	6.1	2090	3850	9.2	loop hike, old growth forest, panoramic viewpoint, some burn area, short paved section
81W	4	Bald Mt Loop from Lolo Pass (EXTENDED)	G1-10	M1	Mt Hood West	17	0:28		1890			PCT lollipop route, hike loop counterclockwise, popular, switchback ascent, some rough footing, ridgeline, wildflowers, Mt views
82W	5	McNeil Point to Ponds	G2-73	M1	Mt. Hood West	19	0:33					Timberline Tr, creeks, wildflower meadows, Mt. views, ponds, high use Tr
83		Dog River to F ork viewpoint	G2-88 G1-64	M1	Mt. Hood East	45	1:15	7.2	1570	3680	9.6	forested Tr, popular with Mt bikers, river canyon, ridgeline, good viewpoint on rocky outcrop on ridge at turnaround
84		Dry Creek Falls to Three Spires	G2-52	M2	Mt. Hood East	54	1:04	8.2	900	960	9.6	loop hike, PCT, partly burned forest, waterfall, old road section, downtown section
85	4	Mirror Lake to Summit View of Tom, Dick and Harry	G2-78 G1-28	M1	Mt. Hood West	17	0:21	7.6	1320	4920	9.6	very popular, avoid weekends, forested hike, rustic bridges, Mt views, wildflowers
86W		Vista Ridge to Cairn Basin	G2-74	M1	Mt. Hood West	37	1:23	7.9	1700	5700	10.5	lollipop loop, 2 mi. burn section, wildflowers, alpine meadows, Mt. views, creek crossings, stone shelter
87DP		Hamilton Mountain Loop (Beacon Rock Pk.)	G2-44 G3-44	M1	Columbia River Gorge NSA	61	1:12	7.6	2000	2438	10.6	waterfalls, Mt. and gorge views, cliff edged ridge, old road section
88	2	Blue Box Peak	G1-44	M1	Mt Hood South	23	0:29					forested ridgline traverse, some highway noise, multiuse Tr, possible overgrown sections, Clear Lake lunchspot
89	3	Wahkeena Falls to Devils Rest	G3-5	M2	Columbia River Gorge NSA	34	0:56	7.3	2340	2400	10.8	several waterfalls and gorge viewpoints, switchbacks, popular
90	5	Dog Mountain Loop	G2-60 G3-47	M2	Columbia River Gorge NSA	66	1:18					loop hike, popular, wildflowers meadows, Mt. and gorge views, switchbacks, poison oak (long pants)
91		Wygant Point	G3-33	M2	Columbia River Gorge NSA	66	1:16	8.0	2050	2100	11.1	short washed out Tr. section, challenging creek crossing, several viewpoints, switchbacks
92	2	Gunsight Butte	G1-57	M1	Mt Hood East	32	0:37	7.8	2450	5916	11.5	multiuse Tr, popular with Mt bikers, switchbacks, mostly forested, several good viewpoints, ridgline traverse section

		A hikes, Rating >11.5										
	Wow	5 is highest rating/not all books used this system				Drive	Drive	Trail	1	Max	Difficu	ılty
Hike # I	Rating	Hike	Guidebook	Мар	Location	Miles	Time	Miles	Gair	Elevation	Ratin	g Description
93	3	Twin Lakes Loop (EXTENDED to Palmateer Point)	G1-42	M1	Mt Hood South	23	0:29	9.1	1660	4520	11.6	PCT lollipop route, popular, mostly forested hike, 2 lakes, wildflower meadows, Mt views, brushy section
94DP	3	Hardy Ridge	G2-43	M2	Columbia River Gorge	62	1:14	8.5	2200	2957		lollipop loop, mostly old forest roads, multiuse sections, ridgeline, wildflowers, Mt views
95	4	Herman Creek to Indian Point (similar to Indian Point Loop)	G2-53 G3-27	M2	Columbia River Gorge NSA	54	1:04	8.0	2600	2860	11.9	lollipop loop, exposure on top, switchbacks, old growth forest, burn sections, wildflower meadows, Mt and gorge views, ridgeline
96		Bald Butte	G2-87	M1	Mt. Hood East		1:00				12.3	switchbacks, wildflowers, Mt and valley views, exposed upper slope, dirt road section, powerlines
97	3	Wygant Peak	G2-56	M2	Columbia River Gorge		1:15					creek crossings, switchbacks, several viewpoints, poison oak (long pants)
98W		Burnt Lake to Zigzag Lookout (EXTENDED)	G1-16 G2-71	M1	Mt Hood West		0:24				12.6	mostly forested hike, pretty Mt pool, creek crossings, popular, Mt Hood views
99W		Hidden Lake (EXTENDED to Timberline Tr)	G1-26	M1	Mt Hood Wilderness		0:20					forest, wildflowers, large grassy pond, early summer mosquitoes, ridgelines
100W		Elk Meadows to Gnarl Ridge	G2-83	M1	Mt. Hood east		0:35					challenging creek crossing (logs), switchbacks, Mt views, ridgeline, meadow loop not included
101		Mount Hood Meadows Loop	G2-82	M1	Mt. Hood east		0:48					loop hike, waterfalls, ski lifts, timberline views
102		Timothy Lake Loop	G1-49 G2-80	_	Mt Hood NF		0:49					wildflower meadows, spring fed pool, boardwalk, large lake, campgrounds, beaches, section of multiuse Tr, popular sections
103		Hunchback Mt to Great Pyramid	G2-69	M1	Mt. Hood west		0:09					switchbacks, long wooded ridge, several viewpoints
104	5	Eagle Creek to Tunnel Falls	G2-51	M2	Columbia River Gorge		1:21					major waterfalls, popular, TH break-ins
105W	5	McNeil Point	G1-12 G2-73		Mt Hood West		0:25					Timberline Tr, creeks, wildflower meadows, Mt. views, stone hut in alpine zone, high use Tr, possible steep snowfield traverse
106		Lookout Mountain (out and back)	G2-89	M1	Mt. Hood east		0:50	_	_			out and back, switchbacks, big trees, wildflowers, sweeping Mt views, overgrown section
107		Lookout Mountain (loop)	G1-58	M1	Mt. Hood east		0:37					switchbacks, big trees, wildflowers, sweeping Mt views, overgrown section
108		Bonanza Trail	G2-65	M1	Mt. Hood west		0:08				15.7	
109DU		Boulder Ridge Trail	G2-65	M1	Mt. Hood west		0:08				16.1	steep switchbacks, forest, ridgeline, Mt views
110	4	Salmon Butte	G2-68	M1	Mt. Hood west		0:21				16.4	, , , , , , , , , , , , , , , , , , , ,
111W	3	Cast Lake	G1-15	M1	Mt Hood West		0:19					mostly forested ridge hike, view of Sandy River valley & Mts., tarn
112W		Salmon River	G1-22	M1	Salmon-Huckleberry Wilderness		0:20	_	_		16.6	primeval forest, river, traverse high ridges with views of rugged river canyon
113W		Starvation Ridge Trail, out and back	G3-32	M2	Columbia River Gorge	67	1:15	11.2	3640	3840	16.7	steep, rugged, ridgeline, logging, destination Warren lake
		Yellow highlights indicate very popular hikes.										
							> 1 hr.	drive	,			
		Hike Number Codes										
		DP = Discover Pass (good in WA only)										
		W = self issued wilderness permit										
		DU = Day use fee										