

2023 August Camp Gear List

To ensure your comfort and safety, the equipment list has been updated to accommodate activities and conditions at the 2023 camp and on hikes. You must bring required items. Keep in mind while you're packing during a heatwave in the city that you will need warm clothing at camp and on the hikes. Believe it or not, temperatures can dip below freezing. Camp this year is at an elevation of around 1000' and some hikes may go as high as 7000'. If you are not properly equipped for a particular hike, you may not be able to participate. Snow on many trails is possible. Label your belongings!

CLOTHING

Required Clothing

- Full set of waterproof rain gear: jacket and rain pants
- Hiking boots/shoes - strong, comfortable and well broken-in
- Shirt and pants for sun protection
- Long pants for cool evenings and high peaks
- Shoes for around camp
- Socks (inner and outer), twice as many as you think you will need
- Two or three sets of your usual hiking gear (non-cotton shorts and shirts)
- Hat for sun protection
- Warm hat, mittens or gloves (necessary for high peaks)
- Wool, primaloft, or fleece layers of clothing

Recommended Clothing

- Bathing suit and beach towel for swimming, if desired
- Second pair of hiking boots/shoes, if you have them
- Waterproof shoes for damp mornings
- Thermal underwear—not cotton
- Sundress/cover-up for trips to the showers

GEAR

Required Gear

- Sleeping bag, rated to 15-20°F
- Air mattress or foam pad
- Daypack (large enough to carry extra clothing layers, food and 2 quarts of water for hikes)
- Quart-size plastic or metal bottles (at least two for hikes) - or hydration system
- Driver's license, if signed up to drive

- Sunshower **labeled with your name or initials**
- Flashlight or headlamp with extra batteries (Note: No candles or gas lanterns are permitted.)
- Towel
- Heavy-duty trash bags, for use in backpack if it isn't waterproof
- Compass
- Personal first aid kit; with masks for travel in vans, and extra covid tests
- Personal hygiene items (preferably unscented)
- Whistle
- BIODEGRADABLE, unscented soap for personal use and hand washing laundry
- Insect repellent
- Lip balm with sunscreen
- Sunglasses
- Sunscreen

Recommended Gear

- Tarps, for use as a tent ground cloth. Many are available in different shapes and sizes for rent (\$5) at camp, if you're flexible; if you're particular, bring your own
- Unbreakable mug
- Heavy-duty trash bags, for use in backpack and in duffle bag
- Hiking poles (packed in checked luggage)
- Reusable lunch container
- Charging Cables with car adapter; all chargers should be clearly marked with initials
- Unbreakable mirror for shaving or putting in contacts
- Folding chair for campfire (several are available for rent (\$5) at Camp)
- Head net for insect protection
- Safety pins/sewing kit/repair kit/extra boot laces

Optional Gear

- Musical instruments
- Umbrella
- Pillow
- National Parks pass, if you have one
- Camera
- Battery-operated lantern for tent
- Travel alarm
- Tightly sealed box to keep cosmetics/lotions in tent
- Bathmat or throw rug for the floor of your tent

- Binoculars
- Trail guidebooks and maps
- Bird, flower and other guidebooks
- Light blanket or quilt or sleeping bag liner, for warmer nights
- Mosquito netting for sleeping under
- Pen and small journal
- Small personal tent (if you want to have the option of sleeping in it or going on an overnight)
- Pocket Knife (in checked luggage)

OTHER REQUIRED ITEMS

- An adventurous spirit
- A great sense of humor!