

## General Hike Info

Hike Name	MAP	LOCATION	MAX # HIKERS	Driving Time	Driving Distance	Trail (Miles)	Elev Gain (Feet)	Max Elev (Feet)	Hike Rating (Points)	Notes
<b>2021 Camp Location: 45.51693609678366, -69.35750924014056 (Little Lyford Access Road)</b>										
<b>Note: Do not use GPS to get to Camp; use written directions only.</b>										
<b>White Mountain NH Hikes for comparison</b>										
Mount Madison via Airline trail						9.4	3936	5367	15.3	
Mt Washington via Tuckerman, Lion's head						8.2	4320	6288	14.7	
Lafayette/Lincoln/Haystack Loop						8.9	3850	5260	14.7	
Chocorua via Piper trail						8.6	2700	3500	12.7	
Mizpah Hut via Crawford Path and Mizpah cutoff						5.2	1900	3800	8.1	
Welch-Dickey Loop						4.4	1800	2734	7.1	
Monadnock via the White Dot Trail						4	1800	3165	6.7	
Zealand Falls Hut from Parking Lot						5.6	650	2630	6.6	
Mount Willard						3.2	900	2800	4.6	
<p><b>Please note:</b> You are expected to be out on hikes or walks most of the day, usually returning no earlier than about 4 pm; even the easiest hikes will require you to be able to hike a minimum of about 5 miles with 500-700 feet of elevation gain. Shorter, easier hikes will be combined with others or with other activities to make for a full day's outing.</p>										
<p><b>Regarding hike ratings</b> - According to the newly established AMC ratings for hikes, A hikes are considered vigorous to strenuous; B hikes are mostly moderate; C hikes are relaxed to easy. Detailed information may be found here:  <a href="https://www.outdoors.org/outdoor-activities/difficulty-ratings">https://www.outdoors.org/outdoor-activities/difficulty-ratings</a></p>										
<b>GUIDEBOOK</b>										
<b>MAPS</b>										
<b>M-1 AMC 100-Mile Wilderness Map &amp; Guide, 1st ed. 2018</b>										
<b>M-2 AMC Maine Mountains Trail Map, map 2, Maine Woods (Paper copy comes with Trail Guide, Tyvek copy, \$9.95)</b>										
<b>M-3 KIW Summer trails map, link below/copies available for campers at Camp</b> <a href="https://cdn.outdoors.org/wp-content/uploads/2021/03/29123858/KIW_SummerTrails_Full_FINAL_PrintMaster.pdf">https://cdn.outdoors.org/wp-content/uploads/2021/03/29123858/KIW_SummerTrails_Full_FINAL_PrintMaster.pdf</a>										
<b>Note: M-1 and M-2 both fully cover the areas we are going to hike.</b>										
<b>M-3 covers trails close to and around Lyford and Gorman Chairback</b>										
<b>M-4 Gulf Hagas map</b> <a href="https://www.northmainewoods.org/images/pdf/gulf-hagas-map.pdf">https://www.northmainewoods.org/images/pdf/gulf-hagas-map.pdf</a>										
<b>M-5 Little Moose Public Lands brochure/map</b> <a href="https://www.maine.gov/dacf/parksearch/PropertyGuides/Maps/FullSize/littlemoosemap.pdf">https://www.maine.gov/dacf/parksearch/PropertyGuides/Maps/FullSize/littlemoosemap.pdf</a>										

Hike #	Hike Name	GUIDEBOOK	MAP	More Info	Driving	Driving	Trail	Elev	Max	Hike	Notes
		Page			Time	Distance		Gain	Elev	Rating	
						1 way					
						(Miles)	(Miles)	(Feet)	(Feet)	(Points)	
<b>C-Hikes (Rating under 7.6)</b>											
1	B-52 crash Memorial site near Elephant Mountain	124	M-1/hike 5	45.5283, -69.4326	1:10	32	0.5	70		0.6	Must return to Greenville and follow guidebook directions/do not use Google/GPS.
2	The Hermitage		M-4/map point 1	There is no access to this area except from the lower Gulf TH, with a stream ford.	0:13	6.6	1.5			1.5	Miles est.
3	Nations Nature Trail	89	M-3		0:00	0	1.4	150		1.6	
4	Little Lyford Ponds loop	90	M-3	Start is a short walk from Camp	0:00	0	1.9	230		2.2	
5	Pleasant River Trail	89	M-3		0:00	0	2.2	45		2.3	
6	Henderson Brook	93	M-3		0:17	6.8	2.2	325	1100	2.7	
7	Rum-Cranberry Loop	127	None/see leaders	<a href="https://www.maintailfinder.com/trails/trail/blue-ridge-trail-system">https://www.maintailfinder.com/trails/trail/blue-ridge-trail-system</a>	0:25	10.4	3.0	475		3.7	New Blue Ridge Trail, Rum Brook trail and Headwaters trail
8	Loop to Little and Big Moose Ponds	115	pg. 113 and M-5	Little Moose Public Lands	0:50	20	3.7	650		4.7	The clearest map for this loop is pg 113 in the trail guide
9	Third Mountain (monument Cliff views) on the AT from near Gorman	94-95	M-3		0:20	8	3.8	900	2061	5.2	Elevation gain is estimated
10	Mt. Kineo loop - involves ferry shuttle from Rockwood (\$13, 2020 price) 207-534-9012/shuttle phone	121	pg. 120	Carriage Tr, Indian Tr, North Tr and Carriage trail	1:10	36	4.1	800	1800	5.3	Shuttle departs hourly from 9 am; cap. 10; will return for overflow. Last return from Kineo is 6:45 pm <a href="https://destinationmooseheadlake.com/mount-kineo-shuttle-schedule-2020/">https://destinationmooseheadlake.com/mount-kineo-shuttle-schedule-2020/</a>
11	Indian Mountain Out and back/Laurie's Ledge Tr.	87	M-3	Miles incl short walk from Camp from Audubon Sanctuary/visitor center has other trails	0:00	0	4.2	1000	2300	5.7	
12	Borestone Mountain RT via Base Trail and Summit trail	110	M-1/hike 11		1:10	19	4.0	1200	1981	5.8	Great views!
13	Number Four Mountain**	124-125	M-1/hike 12		1:05	26	3.8	1475	2894	6.0	
14	Gorman Loop (includes a gravel road walk to complete a loop)	93	M-3	Includes 0.8 mile road walk to complete loop	0:20	7.1	5.4	800		6.6	
15	Indian Mountain Circuit (guide book is inaccurate in mileage)	88	M-3	Road walk at end to complete loop	0:00	9	6.0	579		6.9	Includes 0.2 walk to TH from camp x2 = 0.4 mi. Lollipop loop, add 1.7 mi for return. (Total add 2.1) + 3.9 = 6.0 mi. It
16	Big Moose Mtn. 3194'	117	Pg 113 and M-5	Little Moose Public Lands	0:55	23	4.2	1850	3194	7.0	West of Greenville
17	Lodge to Lodge trail between Lyford and Gorman one way with car spot	None	M-3	Need to do drive multiple times (allow 60 minutes total driving)	0:20	8	6.3	465	1500	7.0	Winter ski route/park at Henderson Brook TH at Gorman
<b>B-Hikes (Rating 7.6-11.5)</b>											
18	Little Moose Mountain and Papoose Pond on Little Moose Mt Trail	114	Pg 113 and M-5	Little Moose Public Lands	0:45	20	6.0	1100	2126	7.7	West of Greenville
18a	One way through Gulf Hagas from Camp; shuttle from lower lot			Needs shuttles; lv car at lower TH night before			6.5	1200	0	8.3	one way hike, with some shuttling; river fords near end/water shoes
19	Gulf Hagas Loop from KI Road parking	98-99	M-4 for Gulf details /M-1, 2, 3	Busy TH; parking can be tight	0:13	6.6	7.9	890	1150	9.2	Two stream fords - need water shoes; caution advised in high water
20	Eagle Rock 2290'	118	Pg 113 and M-5	Little Moose Public Lands	1:00	25	7.2	1300	2367	9.2	West of Greenville
21	White Cap Mountain (on the AT)	104-105	M-1	<b>Do not follow guidebook driving directions/see Leader Resource Notebook</b>	0:50	16	6.6	2067	3654	9.7	360° views; high clearance vehicle needed for last 3+ miles; drive time est.
22	Gulf Hagas Loop from Hay Brook parking area	98-99	M-4 for Gulf details /M-1, 2, 3	<b>Trail no longer possible to access from Hay Brook</b>	0:35	13.5	8.7	890	1150	10.0	Avoids one major stream ford.
23	Third Mountain and Indian Pond (includes 1 mi RT to Third mtn)	94-95	M-1/hike 17 & M-3		0:20	8	8.8	1800	2061	11.5	Elevation gain is estimated
24	Upper Gulf Hagas Loop from Upper Valley Rd. near Lyford via Head of the Gulf Tr/Rim trail/Pleasant River tote road	89-90/98-99	M-4 for Gulf details /M-1, 2, 3		0:05	1.7	9.2	890	1200	10.5	No stream crossings
25	Chairback Mountain on the AT from KI Road Parking area/out and back	104	M-1/hike 22		0:18	7	8.2	1500	2190	10.5	
26	Barren Mtn (optional ext. to Cloud Pond lean-to, scenic, adds 2.4 miles/~400' elevation gain.)	102	M-1/hike 18	<b>Adding optional extension = A hike</b>	0:45	15	8.2	2000	2670	11.2	Knee-deep ford of Long Stream, rope assisted; ext. to Cloud Pond, rating 14.3
27	Gulf Hagas Loop from Lyford to AT crossing (Lodge to Lodge trail, Head of the Gulf trail, Rim Tr to AT, Pleasant Rv. Tr/tote road for return)	100, 98-99	M-4 for Gulf details /M-1, 2, 3	Take L to L trail to Head of Gulf Trail, bridge over west branch of Pleasant River	0:00	0	10.3	800	1200	11.5	
<b>A Hikes (Rating greater than 11.5)</b>											
28	Baker Mountain (includes Number Four Mtn twice)**	124-126	M-1/hike 16		1:05	26	9.6	2450	3521	13.3	
29	Lodge to Lodge trail between Lyford and Gorman RT	None	M-3		0:00	0	12.6	925	1500	14.0	Winter ski trail; may be wet. Do not spend time exploring Gorman.
30	Chairback Mountain Loop over Chairback, Columbus, Third Mt. (Henderson Brook, AT south, Third Mtn Trail, 1 mile walk north on Chairback Mtn Road)		M-3		0:20	8	11.0	2500	2342	14.8	Elevation gain is estimated; small stream crossings
31	Gulf Hagas Mtn from Upper Valley Rd via Head of the Gulf Trail, Pleasant River Tote Rd, Gulf Hagas cut-off AT north and return	100 to start; then P107 from cut-off	M-4 for Gulf details /M-1, 2, 3	Can also do from KI Road TH with river crossings/a little shorter	0:05	1.7	14.0	1800	2690	16.7	Gain estimated from maps
	** Trail guide has an error on Baker/ RT is 9.6 miles from TH										
	**Do not confuse Number Four Mountain with Fourth Mountain!										