

## **Extra Activities at August Camp 2017**

### **Bicycling – weeks 1-2**

On Tuesday of weeks one and two (July 18 & 25), biking excursions will be led by Paula Burton. We will begin in Hood River OR (about a half hour's drive from Camp), rent trail bikes (approx. \$40 a day), and will ride on mixed surfaces (gravel, dirt, paved bike path, & road) for 15-20 miles, stopping at places of interest. We will be following part of the old Columbia River Highway that is now closed to motor vehicles. <http://www.oregon.gov/ODOT/HWY/BIKEPED/docs/ColumbiaGorgeBikeMap.pdf>. We will be carrying our lunches, water, and a light jacket, plus tools and other supplies that will be split among the group members. We will be expected to follow all road safety procedures including use of hand signals. Participant must know how to use a multi-gear bike with brakes on the handlebar. It is expected that participants are comfortable and fit enough to ride up hill for portions of the trip. We will also have time to explore the city of Hood River. Participants will be able to sign up the first Sunday at camp. Number of participants may be limited. L Paula Burton [peburton@aol.com](mailto:peburton@aol.com).

### **Trail Work – all weeks**

On each Monday of camp, July 17, 24, 31 and Aug. 7, campers will have the opportunity to do a service project on the Pacific Crest Trail. We will be working with a local PCT maintainer. Be prepared as if for a hike (5-8 miles) and be willing to do light and heavy work (pulling invasive plants, digging, cutting brush). Group size is limited to 11. Week 1, Paula Burton; Week 2, Eva Das; Week 3, Amanda Tweed; Week 4, Julie Lepage. Sign up at Camp.

### **Whitewater Rafting – weeks 1-2**

Wednesdays, Weeks 1 and 2, July 19 and 26 – Deschutes River Rafting Excursion:

Enjoy a full day on the river rafting 14 miles through beautiful desert canyons, exciting class III+ rapids and lovely deep still pools. We will picnic and swim along the way. *Advance reservations by June 15 required*, participation minimum 6, maximum 13. Here are the details:

8 am departure from camp, 6 pm return; on the river from 10 am - 3:30 pm

Cost: \$75.00/bring brown bag lunch from camp

\$85.00 participate in Guide Company's cook out of hotdogs/hamburgers/potato salad

Questions? contact Katy: 603-470-0219, [katyhiza@hotmail.com](mailto:katyhiza@hotmail.com)

Reserve! Confirm with cash or checks payable to:

Katy Hiza, 58 McCrillis Rd, Nottingham, NH 03290

**More information!** <http://riverdrifters.net/wp-content/uploads/2016/04/Deschutes-Full-Day.pdf>

### **River Kayaking – weeks 1-2**

On Fridays of weeks 1 and 2 (the 21<sup>st</sup> and 28<sup>th</sup>), Barbara Flagg will lead, with a local guide, a river kayaking trip on the Wind River, where you will be sheltered from the high winds often experienced on the Columbia. The kayaks will be of the sit-atop or sit-inside type and will cost \$60 for three hours of

guided fun on the water. The outfitter can bring up to 25 kayaks to the put-in, only about ten minutes from Camp. The trip will be about 3 hours (~ 10 am to 1 pm with a 15 minute break for exploration.) We'll have our lunch after the paddle. A visit to the Carson Hot Springs Resort after the paddle trip is possible for those interested. **Sign up with Barbara by June 21<sup>st</sup> and indicate what type of kayak you prefer and what date you wish** by mailing your check for \$60 payable to Barbara Flagg. **Include your email address.**

Barbara Flagg  
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Questions: [bflagg51@verizon.net](mailto:bflagg51@verizon.net)  
401-284-8507  
More information: <http://www.gorgekayaker.com/>

Hot springs spa services info here: <https://carsonhotspringresort.com/services> Any visit to the resort is at your own expense. They do not take reservations for day use, so visits are on a space-available basis.

**Additional activities for weeks 3 and 4 will be posted when available. It is expected that an overnight car camp will be offered, along with rafting.**